

PARKER PANTHERS RECORDS**15-16 GIRLS**

EVENT	TIME/MARK	DATE	MEET	WIND	NOTES
100M					
Tamminga, Abby	12.47	05/28/16	Freddie Houston / Denver, CO	-0.5	Prelim
Clayton, Alyssa	12.51	06/02/12	Joe Gentry / Fountain, CO		
Clayton, Alyssa	12.55	06/24/12	Colorado JO / Denver, CO	nwi	Final
Clayton, Alyssa	12.76	06/23/12	Colorado JO / Denver, CO	nwi	Prelim
Tamminga, Abby	12.77	05/28/16	Freddie Houston / Denver, CO	-3.2	Final
Perry, Olivia	13.04	06/02/12	Joe Gentry / Fountain, CO		
Fox, Katie	13.12	06/01/13	Freddie Houston / Denver, CO		
Perry, Olivia	13.18	06/16/12	Joe Gentry / Fountain, CO		
Coffey, Preslie	13.26	06/04/17	Nite Moves / Aurora, CO	1.3	
Brandon, Sydney	13.34	05/26/18	Mack Track / Westminster	0.6	Final
200M					
Tamminga, Abby	25.59	05/28/16	Freddie Houston / Denver, CO	nwi	
Tamminga, Abby	25.59	07/07/16	Region 10 JO / Albuquerque, NM	nwi	Heptathlon
Clayton, Alyssa	25.89	06/24/12	Colorado JO / Denver, CO	nwi	Final
Tamminga, Abby	26.05	06/16/16	Colorado JO / Aurora, CO	nwi	Heptathlon
Clayton, Alyssa	26.10	06/23/12	Colorado JO / Denver, CO	nwi	Prelim
Clayton, Alyssa	26.32	06/02/12	Joe Gentry / Fountain, CO		
Clayton, Alyssa	26.62	06/16/12	Zoom Classic / Littleton, CO		
Lark, Sarah	26.73	06/02/12	Joe Gentry / Fountain, CO		
Lark, Sarah	26.73	06/23/12	Colorado JO / Denver, CO	nwi	
Tamminga, Abby	27.11	06/11/16	LIFT / Colorado Springs, CO	-5.6 !	
400M					
Clayton, Alyssa	1:00.43	06/02/12	Joe Gentry / Fountain, CO		
Clayton, Alyssa	1:01.71	06/16/12	Zoom Classic / Littleton, CO		
Riddle, Morgan	1:03.86	06/11/16	LIFT / Colorado Springs, CO		
Coffey, Preslie	1:04.05	07/01/17	Striders / Colorado Springs, CO		
Lark, Sarah	1:04.07	06/23/12	Colorado JO / Denver, CO		
Clayton, Alyssa	1:06.06	06/01/13	Freddie Houston / Denver, CO		
Schultz, Whitney	1:07.13	06/13/09	FCTC Invite / Fort Collins, CO		
Rooney, Madison	1:07.21	05/30/15	Freddie Houston / Denver, CO		
Fox, Katie	1:07.70	06/07/14	Freddie Houston / Denver, CO		
Schultz, Whitney	1:08.10	06/06/09	Colorado Flyers / Aurora, CO		

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800M					
Mercer, Kaitlyn	2:28.10	06/18/16	Colorado JO / Denver, CO		
Mercer, Kaitlyn	2:29.15	06/11/16	LIFT / Colorado Springs, CO		
Mercer, Kaitlyn	2:29.52	06/04/16	Nite Moves / Denver, CO		
Grimm, Kelsey	2:31.60	06/07/05	Colorado Flyers / Aurora, CO		
Tamminga, Abby	2:40.20	07/08/16	Region 10 JO / Albuquerque, NM		
Tamminga, Abby	2:41.14	06/04/16	Nite Moves / Denver, CO		
Tamminga, Abby	2:44.20	06/18/16	Colorado JO / Denver, CO		
Smith, Katherine	2:47.85	07/08/11	Region 10 JO / Albuquerque, NM		
Smith, Katherine	2:48.05	06/17/11	Colorado JO / Parker, CO		
Lewis, Halie	2:48.42	06/17/17	Colorado JO / Highlands Ranch, CO		
1500M					
Kaitlyn Mercer	5:10.29	06/19/16	Colorado JO / Denver, CO		
Kaitlyn Mercer	5:20.97	06/11/16	LIFT / Colorado Springs, CO		
Kaitlyn Mercer	5:28.85	05/28/16	Freddie Houston / Denver, CO		
Lewis, Halie	5:58.50	06/10/17	Kyle Mac / Highlands Ranch, CO		
Porter, Emmie	7:08.84	06/20/15	Colorado JO / Aurora, CO		
3000M					
Mercer, Kaitlyn	11:28.93	06/04/16	Nite Moves / Denver, Co		
Mercer, Kaitlyn	11:34.51	06/18/16	Colorado JO / Denver, CO		
Mercer, Kaitlyn	11:38.03	05/28/16	Freddie Houston / Denver, CO		
Lewis, Halie	12:48.49	07/01/17	Striders / Colorado Springs, CO		
100M HURDLES					
Smith, Katherine	17.19	06/22/12	Colorado JO / Brighton, CO		Heptathlon
Stengel, Emma	17.23	06/10/17	Kyle Mac / Highlands Ranch, CO	0.5	
Smith, Katherine	17.48	06/16/12	Zoom Classic / Littleton, CO		
Tamminga, Abby	17.89	06/11/16	LIFT / Colorado Springs, CO	-1.4	
	17.90	06/04/11	Colorado Flyers / Denver, CO		
Coffey, Preslie	17.95	06/17/17	Colorado JO / Highlands Ranch, CO	0.9	Prelim

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Tamminga, Abby	17.99	07/07/16	Region 10 JO / Albuquerque, NM	nwi	Heptathlon
Coffey, Preslie	18.21	06/10/17	Kyle Mac / Highlands Ranch, CO	0.5	
Berkley, Morgan	18.40	06/11/11	Zoom Classic / Parker, CO		
Tamminga, Abby	18.45	06/16/16	Colorado JO / Aurora, CO		Heptathlon

400M HURDLES

Coffey, Preslie	1:08.81	07/09/17	Region 10 JO / Mesa, AZ		
Coffey, Preslie	1:09.12	06/17/17	Colorado JO / Highlands Ranch, CO		
Coffey, Preslie	1:10.69	07/26/17	National JO / Lawrence, KS		33rd
Coffey, Preslie	1:10.73	07/08/17	Region 10 JO / Mesa, AZ		
Coffey, Preslie	1:10.84	06/10/17	Kyle Mac / Highlands Ranch, CO		
Coffey, Preslie	1:10.97	06/04/17	Nite Moves / Aurora, CO		
Stengel, Emma	1:12.29	06/10/17	Kyle Mac / Highlands Ranch, CO		
Knapke, Kyla	1:15.17	06/04/16	Nite Moves / Denver, CO		
Knapke, Kyla	1:17.72	06/11/16	LIFT / Colorado Springs, CO		

4X100M RELAY

A.Clayton,S.Lark,B.McGraw,O.Perry	50.60	06/16/12	Zoom Classic / Littleton, CO		
Parker A	51.59	06/23/12	Colorado JO / Denver, CO		
Diefenbach;Fox,K;Meggett;Smith,E	53.95	06/08/13	Striders / Colorado Springs, CO		
J. Piggott,Berkley,Timmons, K. Smith	54.70	06/18/11	Colorado JO / Parker, CO		
K Knapke, M Mulvihill, T Pfalmer, K Mercer		06/04/16	Nite Moves / Denver, CO		

4X400M RELAY**4X800M RELAY****HIGH JUMP**

Kleim, Laura	1.50m	06/07/15	Nite Moves / Denver, CO		
Kleim, Laura	1.50m	06/13/15	Landsharks / Monument, CO		
Hake, Emma	1.48m	06/17/17	Colorado JO / Highlands Ranch, CO		
Tamminga, Abby	1.47m	05/28/16	Freddie Houston / Denver, CO		
Kleim, Laura	1.45m	07/09/16	Region 10 JO / Albuquerque, NM		
Tamminga, Abby	1.44m	06/16/16	Colorado JO / Aurora, CO		

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Schultz, Whitney	1.42m	06/06/09	Colorado Flyers / Aurora, CO		
Timmons, Megan	1.42m	05/25/11	Panthers Intrasquad / Parker, CO		
Kleim, Laura	1.42m	05/28/16	Freddie Houston / Denver, CO		
Opp, Elena	1.42m	05/28/16	Freddie Houston / Denver, CO		
LONG JUMP					
Tamminga, Abby	4.97m	06/04/16	Nite Moves / Denver, CO	nwi	
Tamminga, Abby	4.77m	07/08/16	Region 10 JO / Albuquerque, NM	nwi	Heptathlon
Riddle, Morgan	4.74m	06/25/16	Plains to Peaks / Aurora, CO	nwi	
Smith, Katherine	4.71m	06/11/11	Zoom Classic / Parker, CO		
Smith, Katherine	4.65m	06/22/12	Colorado JO / Brighton, CO		Heptathlon
Berkley, Morgan	4.47m	06/19/10	Colorado JO / Pueblo, CO		
Tehrani, Darya	4.36m	06/27/15	Plains to Peaks / Aurora, CO	nwi	
Riddle, Morgan	4.30m	06/11/16	LIFT / Colorado Springs, CO	nwi	
Pfalmer, Tatum	4.26m	06/04/16	Nite Moves / Denver, CO	nwi	
Tehrani, Darya	4.24m	06/07/15	Nite Moves / Denver, CO		
TRIPLE JUMP					
Riddle, Morgan	10.43m	06/25/16	Plains to Peaks / Aurora, CO	nwi	
Riddle, Morgan	9.76m	06/11/16	LIFT / Colorado Springs, CO	nwi	
Pfalmer, Tatum	9.55m	05/28/16	Freddie Houston / Denver, CO	nwi	
Ingalls, Brittan	9.21m	05/28/16	Freddie Houston / Denver, CO	nwi	
Ingalls, Brittan	9.21m	06/19/16	Colorado JO / Denver, CO	nwi	
Ingalls, Brittan	9.16m	06/11/16	LIFT / Colorado Springs, CO	nwi	
Pfalmer, Tatum	9.07m	06/19/16	Colorado JO / Denver, CO	nwi	
Pfalmer, Tatum	8.81m	06/04/16	Nite Moves / Denver, CO	nwi	
Carney, Corinna	8.29m	06/12/10	FCTC Invite / Fort Collins, CO		
SHOT PUT (4kg)					
Opp, Elena	9.66m	06/18/16	Colorado JO / Denver, CO		
Opp, Elena	9.58m	06/26/16	Kyle Macintosh / Highlands Ranch, CO		
Opp, Elena	9.54m	05/28/16	Freddie Houston / Denver, CO		
Opp, Elena	9.48m	06/04/16	Nite Moves / Denver, CO		
Opp, Elena	9.43m	06/13/15	Landsharks / Monument, CO		
Opp, Elena	9.31m	05/30/15	Freddie Houston / Denver, CO		

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Opp, Elena	9.23m	07/09/16	Region 10 JO / Albuquerque, NM		
Opp, Elena	9.21m	06/20/15	Colorado JO / Aurora, CO		
Potzer, Maria	9.06m	06/17/17	Colorado JO / Highlands Ranch, CO		
Potzer, Maria	9.01m	06/18/16	Colorado JO / Denver, CO		
DISCUS THROW (1kg)					
Opp, Elena	34.62m	06/18/16	Colorado JO / Denver, CO		
Opp, Elena	33.90m	06/04/16	Nite Moves / Denver, CO		
Opp, Elena	32.79m	07/09/16	Region 10 JO / Albuquerque, NM		
Opp, Elena	32.26m	05/28/16	Freddie Houston / Denver, CO		
Opp, Elena	31.62m	06/26/16	Kyle Macintosh / Highlands Ranch, CO		
Potzer, Maria	31.47m	06/18/16	Colorado JO / Denver, CO		
Opp, Elena	31.33m	05/21/16	Educate Program/Colorado Springs, CO		
Potzer, Maria	29.79m	07/09/16	Region 10 JO / Albuquerque, NM		
Potzer, Maria	29.27m	06/11/16	LIFT / Colorado Springs, CO		
Potzer, Maria	29.22m	06/10/17	Kyle Macintosh / Highlands Ranch, CO		
JAVELIN THROW (600g)					
Potzer, Maria	28.24m	01/07/00	Region 10 JO / Mesa, AZ		
Potzer, Maria	25.76m	07/09/16	Region 10 JO / Albuquerque, NM		
Potzer, Maria	25.20m	06/11/16	LIFT / Colorado Springs, CO		
Potzer, Maria	22.92m	06/19/16	Colorado JO / Denver, CO		
Smith, Katherine	21.16m	06/22/12	Colorado JO / Brighton, CO		Heptathlon
Tamminga, Abby	19.72m	06/04/16	Nite Moves / Denver, CO		
Tamminga, Abby	18.93m	07/08/16	Region 10 JO / Albuquerque, NM		Heptathlon
Smith, Emily	18.20m	06/22/14	Colorado JO / Aurora, CO		
Smith, Emily	17.81m	06/08/13	Striders / Colorado Springs, CO		
Mulvihill, Molly	17.71m	06/04/16	Nite Moves / Denver, CO		
HEPTATHLON					
Tamminga, Abby	3508	03/18/00	Region 10 JO / Albuquerque, NM		
Tamminga, Abby	3425	06/16/16	Colorado JO / Aurora, CO		
Smith, Katherine	3214	06/22/12	Colorado JO / Brighton, CO		
Smith, Katherine	3126	06/17/11	Colorado JO / Parker, CO		

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POLE VAULT					
Johnson, Mikayla	2.45m	06/10/17	Kyle Mac / Highlands Ranch, CO		
Johnson, Mikayla	2.45m	06/23/17	Colorado JO / Highlands Ranch, CO		